

## From the Secretary's Desk

नापी तो है मुटी भर ज़मीन हमने - अभी तो सारा आसमान बाकी है !
Many a times, a small event or a random incident awakens us to a larger calling in life and changes the course of our thought, action and awareness.
 This is indeed so true for Prayas! A small effort to make a difference in the lives of under privileged and specially abled children, through disability management and inclusive education has in the past two decades changed the landscape for these children. The changes encourage us to reflect and also to look with confidence at our strategy for the next decade.

During this journey, we encountered many unexpected challenges, but with the dedication of our committed team and the support of our stakeholders, we have been able to emerge at the other side of the tunnel. We continue to focus on creating sustainable and lasting impact, even though we accept that individually we may not be able to solve all of the problems, but we are definitely getting closer.

We achieved our plan this year, to engage directly in the education of over 700 special needs and under privileged children and ensure Equal Opportunities for All, through our special school and three inclusive schools. Our engagement in the 12 government primary schools for facilitating inclusive education for the 3000 plus children studying there, had run into a slight slow-down, due to changing policies and school mergers by the government. However, this has motivated us to take the next leap and we sought and got permission to include five more government primary schools in our ambit of work. Simultaneously, our thrust is towards having the government special educators take over our role!

We wish to provide wings to dreams and initiate skill development of mentally and physically challenged children. As a step towards attaining this goal, we have after years of effort, finally been allotted a piece of land in Amagarh kutchee bustee by JDA and are awaiting the approval of the Rajasthan State cabinet. Here we propose to set up an Inclusive school and Vocational Training Centre with the financial support of philanthropist individuals and organizations.

We still combat with challenges towards sustainability and continuity, however we do not let this deter us from our mission. The communities where we are working are well awared of the dignified living of their children, and now our thrust is to bring them forward for participation in our work being done in the 55 communities. It may take time, but we know that our patience and perseverance will ultimately bear fruit.

Our sincere thanks to partners, friends and well wishers, who have supported us in our mission.

## R.K.Mohla, Hony. Secretary



PRAYAS is an effort that emerged from a dream to equip under privileged children with the roots of responsibility and the wings of Independence! It has been working since 1996 with the noble initiative of touching the lives of special needs and other disadvantaged children from the slums of Jaipur. Today Prayas stands tall against the skyline, working against all odds in making lives better by serving cwsn under its shelter workshop. When there is love and sensitivity towards the care of the child, it completely changes the way the child is perceived and interacted with! What Prayas started as an innovative approach to inclusive and integrated education for the slum children has today become a trendsetter in progressive education. Prayas means an Endeavour...an effort to help the mentally and physically challenged child and other under privileged children to lead a meaningful and dignified life !

## Vision

Equal opportunities for all

## Mission

Our mission is the integration of children, with and without special needs, into mainstream schooling and society by providing education to enable their growth and development towards becoming selfsufficient individuals who can live with dignity.

## Objectives

- Provide Inclusive Education (Education for all).
- Enhance skills of CWSN and develop a positive attitude towards self-reliance.
- Provide income generating projects to enable differently-abled to become economically self-sufficient.
- To develop strategies for marketing the products made by the physically and mentally challenged so that their income can be ensured.
- To advocate and network with governmental and non-governmental institutes for child rights.
- Women empowerment.
- Community participation in child education.
- To develop a resource centre in accordance with special needs in changing environment.
- To run professional courses under the accreditation of RCI.
- To facilitate inclusion in government run schools in slums of Jaipur.
- To pursue and help children to continue education for secondary and higher secondary certificate for placement.
- To provide computer science knowledge for better placement.


## Prayas - The ripple effect of Education.

Anyone who is familiar with India is aware of the condition of the underprivileged child here. The children are born, brought up, marry and procreate to complete their life cycle - all in the slums. At Prayas, we decided to break this cycle of poverty, illiteracy and ignorance. We did not want the children to face the same misfortune and mindsets as their own parents and end up without education and having the same values in them.


## A Family transformed!

नारी तुम केवल श्रद्धा हो विश्वास रजत नग पग तल में, पीयूष स्रोत सी बहा करो जीवन के सुन्दर समतल में
When the eminent poet Jayashankar Prasad penned these words, the weaker sex was expected to be docile and subordinate, ceding gracefully the right of place to males, upon whom they were dependant! Since then, a lot of water has flown under the bridge. Today a woman is a full circle. Within her is the power to create, nurture and transform. The empowered woman is powerful beyond measure and beautiful beyond description.

Here we share with you the story of Chand Khan, mother of four Prayas students: Arshad, Sameer, Sana and Saahil. This narrative shows how the promise of education opens up a world of possibilities not only for the child but the entire family.

Tragedy befalls...... Widowed at a tender age of 27, Chand Khan's world was bleak and devoid of hope. Hailing from a traditional minority family, having never stepped out without her burkha, the world came crashing down upon her, when her husband Jiauddeen left for his heavenly abode leaving behind a weeping widow, four young children and no source of income! Added to that, having been a housewife all along, she had never got the opportunity to identify, leave alone nurture any inherent talent that may have helped her earn some money!


When one door closes another door opens....... Chand Khan's family lives in a one room house in Amagarh kutchee bastee. The Prayas team identified her children in the survey and motivated her to send her two sons Sameer and Arshad and daughter Sana to Prayas. Prayas founder Miss Jatinder found Chand to be very receptive to advice and she encouraged her to start a shop at home. Unfortunately, this could not last long due to resistance from her husband's family. The shop had to be shut down.

Self belief and hope can move mountains........Encouraged and motivated to persevere by Prayas team, Chand then took up a job as a watchman in Kishore Grah and even did night duty, so that she could look after her children during the day. Under the watchful eye of 'Jatinder didi', she determined to make something of her life for the sake of her children. Meanwhile her elder son Arshad was very intelligent indeed. He started teaching his mother at home. She already had some basic education and her children helped her to become more worldly wise. Prayas was fully supportive to the family and often helped Chand resolve problems or deal with her children's issues. She was counseled and encouraged to ignore social inhibitions and keep the interest of her children uppermost. Soon after, Saahil was also admitted to Prayas.


Where there is a will, there is a way.... Once the children had settled in school, she learnt how to drive a car with the support of an NGO Azad Foundation. It was not easy for her, but she was determined to succeed! Today Chand is a qualified driver and has been working as a Cab driver in 'WOMAN CAB' since the last three years - no mean achievement for a woman hailing from a traditional family background. The financial condition of the family which was very weak indeed, has now improved. Arshad and Sana cleared Class VIII from Prayas Raja Park School and were supported financially for higher studies in Geeta Bajaj School by Prayas. Arshad was not only imparted RSCIT course training, but also given a computer and a cycle also by Prayas. Today Arshad is employed in Gaurav Tower and also pursuing Class XII studies. Sameer is in a government school and Sana with a percentage of $66 \%$ in Class IX, will be going on to Class X.

The Sun shines again..... Prayas team adopted a very pragmatic approach in helping Chand Khan and her children build on their competencies and resilience in the face of adversity. With a strong empirical base, there emerged educated children and an empowered family, which overcame the hurdles to take life face on!

## We shall Overcome -

Education is a means to empower, a great equalizer and a very powerful tool for social and economic progress. Prayas thus focuses on providing basic education to underprivileged and special needs children, thereby streamlining them to mainstream living. Opening classroom doors to all children, especially girls, helps break the shackles of poverty, because education is intrinsically linked to all development.

From a small classroom of 5 children in 1996, Prayas now has four branches and provides special education, vocational training and Classroom education upto the eighth grade.

PRAYAS SCHOOLS

|  | JHALANA <br> (Special Needs <br> School) | RAJA PARK <br> (Integrated School) | AMAGARH (Integrated <br> School) | SANGANER <br> (Integrated School) |
| :--- | :--- | :--- | :--- | :--- |
| Grades | A special classification <br> system used. | Nursery to 8/Upper <br> Primary | Nursery to 5/ Primary | Nursery to 5/ Primary |
| Post- | Students are either <br> integrated into <br> schools of <br> mainstream society <br> Prayas <br> orehabilitated by <br> way of employment <br> or self-employment. | Students are helped <br> to enter mainstream <br> schooling. Financial <br> and academic <br> support is provided <br> where required. | Students attend the Raja <br> Park school from Class VI <br> onwards. | Students are helped with <br> entering mainstream <br> schooling. Financial and <br> academic support is <br> provided where required. |


| Name of Centre | Current Student Strength (Boys + Girls) |
| :--- | :---: |
| RAJA PARK (Integrated School) | $177(100+77)$ |
| JHALANA (Special Needs School) | $108(83+25)$ |
| AMAGARH (Integrated School) | $170(81+89)$ |
| SANGANER (Integrated School) | $167(84+83)$ |
| Total | $622(348+274)$ |


| Number of Children with special needs |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Category | Amagarh | Sanganer | Rajapark | Jhalana | Home <br> based | Govt. <br> schools | Total |
| Mentally challenged | 17 | 4 | 34 | 66 |  |  |  |
| Multiple Disabled | 3 | 4 | 8 | 23 |  |  |  |
| Hearing Impaired | - | - | - | 11 |  |  |  |
| Cerebral Palsy | 2 | 1 | 2 | 8 |  |  |  |
| Learning Disability | - | - | 7 |  |  |  |  |
| Total | $\mathbf{2 2}$ | $\mathbf{9}$ | $\mathbf{5 1}$ | $\mathbf{1 0 8}$ | $\mathbf{3 6}$ | $\mathbf{5 9}$ | $\mathbf{3 0 9}$ |


| Number of Children with special needs |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Category | Amagarh | Sanganer | Rajapark | Jhalana | Home <br> based | Govt. <br> schools | Total |
| Slow Learner | 18 | - | 6 | - |  |  |  |

Prayas organizes workshops twice a year for teachers, professionals and government school teachers to share a learner-focused approach, and act as facilitators of knowledge. It aims at providing a positive and resourceful environment, conducive to learning and development. Our clear purpose is to make an impact on the most valuable years of development in a child, build a strong foundation for independent living and provide them with opportunities in life. Over the years we have helped change the lives of so many children, who deserve the chance to succeed.

Despite their young age, underprivileged children face many challenges in all areas of their lives. We don't want these hurdles to block their development. For this reason, we try to adopt a comprehensive development strategy that targets their physical, intellectual and emotional health. We cover different areas of educational development.


The diverse services needed by young children with disabilities and developmental delays is
 challenging for the family. We at Prayas help them achieve developmental milestones, adopt aptitude based targets for study and other spheres, support their physiotherapy, occupational therapy and speech therapy needs, provide computer education, and vocational skills leading to self reliance and earning opportunities. This year an amount of Rs. 25,400 was transferred to individual children's bank accounts towards earnings through vocational products and activities. One of our special needs girl child Nandini has been mainstreamed to leading the life of a normal married housewife.


Children with academic aptitude appear for NIOS - Open School Examinations. Junaid, Varsha, Rehnuma and Md. Bilal are some of the hard working students to have cleared Class XII and Class X. Junaid and Varsha have got admitted in graduation in Kota Open University for their continued education. They would be pursuing their regular studies with academic and financial support at Prayas.

For normal children, apart from effective studying techniques, they are taken out of their immediate surroundings and helped to see the world beyond their communities, taught music, given cultural enrichment and exposed to educational outings at children film festivals, zoos, museums, historic places, post offices, banks and sports events. Computer Training is also imparted to them inorder to expand their learning environment. This

approach provides the learners with opportunities to establish progressive relationship with the environment, the educator and peers.

## The Continued Education Program of Prayas

It is the fifth year running and we are happy to see our children pursue higher education, imbibing self-esteem and self confidence as they learn to succeed and excel in spite of all their family challenges and circumstances. First generation learners are getting the chance to decide if they want to pursue arts, science or commerce, a dream which their illiterate parents never dared to dream! Around Rs 2.00
 lakhs has been contributed by Prayas towards their school and college fees this year. In the forthcoming year, we hope to have about 25 children in this program Three of our children Surendra, Ravi and Omprakash Bunkar will be ready to start graduation classes.

Jatinder Arora Academic Awards has completed its third year. It was started to commemorate the memory of Prayas founder, Miss Jatinder Arora. The following students of Prayas schools have been recognized for achieving academic excellence, in spite of challenging family circumstances and minimal support at home. They have been recognized for their excellence in studies, higher level of perseverance, empathy towards peers and society and strong leadership
 qualities. They have been given Trophies, Certificate and Cash prizes. Three runner ups have been awarded Consolation certificates.

| Awardees | Runner Ups | Prayas School |
| :--- | :--- | :--- |
| Ridhi Jain | Mohammad Bilal | Prayas Special School, Jhalana |
| Suhana | Kajal | Prayas Integrated School, Raja Park |
| Fiza | Israa | Prayas Integrated School, Sanganer |

## Government School Intervention

Facilitating inclusive education in 12 government primary schools has been a Prayas initiative for the last eight years. Over these years, we have not only provided our special educators and teaching learning material in the schools, but also made a conscious effort through our

community team to extend access to education through regular door to door surveys, encourage government teachers to connect with the families of their students, conduct sensitization workshops on disability management for government teachers, monitor and address: drop out issues, education of the girl child and encourage regular attendance in schools.

We have been constantly trying to have the government appoint special educators in these schools so that we can withdraw and move to other schools where our services can be replicated. The department has now agreed to step in after two years and also accorded us permission to work in 5 more schools - UPS Sethi Colony, Naveen Ghat Gate Jawahar Nagar Teela no 1, Rishi Balav Nagar Galta Gate, Naharwada Ramganj, Bandri ka Nasik (Ganga Pole). So 26 (already enrolled cwsn) +37 (newly identified) special needs children will be directly benefitted apart from the other normal children in these schools.

The Prayas Resource Centre is now in its twelfth year. This two year diploma course in Special Education, Mental Retardation runs under the aegis of Rehabilitation Council of India, New Delhi and National Institute of Persons with Multiple Disabilities, Chennai. Over 255 Special educators who have completed the course are working in different capacities for children with special needs.


## Prayas Home Based Program

The home base program is almost as old as the organization itself. When we reflect that 22 children who were earlier confined to the four walls of their home due to their physical inability, are now coming to school with walkers or on their own, it gives us a sense of great satisfaction. We get motivated to look out for more such children in our annual surveys. The beauty of this program lies in the fact that the family members also pay an active role in the child's intervention. The mother, sister or grand parent who normally stays at home is guided how to monitor the child's daily exercise and maintain discipline of daily practice. 36 children are presently benefitting from this
 program.

## Empowerment of Teachers and Special Educators

Various capacity building workshops for teachers and special educators were held on subjects like Methods of teaching: Project, Play way, Montessori, Feuerstein's Instrumental Enrichment Program, VAKT, Special Education, Inclusive Education, Teaching Methodology. Eminent resource persons Ms. Shabnam of Anandini, Ms Jayashree Ganapathi, Ms. Sudha Vohra of Arth Aasthaa helped in clarifying problems about children and persons with disabilities, and teaching basic rules
 for intervention and guidance in dealing with different forms of disability. Government school teachers are also invited to our workshops.

## Community Outreach

Our community activities and engagements are ongoing and aimed at mobilizing the people to participate in social change. Community meetings focus on various topics about practical issues relating to their growth and development. We not only emphasize the importance of education, create awareness on social issues, provide documentation help, but also empower the women and girls of the community by organizing vocational classes for them. They are motivated to break down barriers, instill self confidence and aspire for success. Ongoing 6-month vocational training courses (in stitching, sewing and embroidery) for women has helped about 500 women to become independent wage earners and
 supplement their family income. Two Book Libraries have been opened by Prayas for community children.

Here are some statistics, related to community benefitting initiatives of Prayas team.

| Details | Total No. |
| :--- | :---: |
| Disability certificate made | 12 |
| Aastha Cards for Disabled | 3 |
| Disability Pension started | 3 |
| Palanhar Yojna | 3 |
| Bank Accounts opened | 27 |
| Escort Allowance | 31 |
| Bhamashah forms Application | 10 |
| Bhamashah Enrolment | 47 |


| Pension forms submitted | 64 |
| :--- | :---: |
| No. of Community meetings held | 20 |
| No. of persons who attended Community meetings | 1200 |
| Beneficiaries of mega camp on Documentation | 820 |
| Members of Community Volunteer Committees | 136 |
| Families surveyed for non school going children, cwsn and <br> pregnant women | 10,000 (38 Pregnant <br> women) |

## Registered Under

Prayas has had the privilege of getting support from various national and international alliances in the course of its journey so far.

Ministry of Social Justice and Empowerment, New Delhi
Rehabilitation Council of India (RCI)
Societies Registration Act, 1958 (Soc. Reg. No. 165/JPR/96-97)
Foreign Contribution Regulation Act, 1976 Amended in 2010 (Reg. No 125560127)
National Institute of Open Schooling
Rajasthan Education Board
National Institute of Mentally Handicapped (NIMH), Secunderabad
National Institute of Empowerment of persons with Disability (NIEMPD), Chennai

Hands That Are Helping Us: Wipro Cares, Vibha, U.S.A., ASHA For Education, U.S.A., WIPRO Cares, Bangalore, Genpact, Jaipur, Ministry of Social Justice and Empowerment, Govt. of India, New Delhi, India, Deutsche Bank, Jaipur, India, Mr. Sachit Dhawan, New Delhi, India, Mr. Subhash Oberoi and Mr. Roshan, New Delhi, India, Many other individual local donors

Hands That Have Helped Us: Child Rights and You (C.R.Y.), India, Jamshedji Tata Trust, Mumbai, India, Sir Dorabji Tata Trust, Mumbai, India, Government of Japan (New Delhi Embassy), Government of Rajasthan Education Trust, New Delhi, India, Mr. John and Mrs. Liz Robbins, U.K., Avtar Virdi Charitable Foundation, U.K., Genpact, Global Fund For Children, Save The Children Fund, SBI Life Insurance.

## Supporting Prayas

We are extremely thankful to all those who have supported the children of Prayas in cash, kind and spirit in the past and present.

You can support the children by:

1. Donate:

To provide monetary support, please refer to the details below.

## Indian Citizens (Indian Residents \& Non-Indian Residents)

Account Holder's Name: PRAYAS VOCATIONAL INSTITUTE FOR MENTALLY HANDICAPPED
Account Number: 98150100000475
Bank's Name: Bank of Baroda
Location (City/Town): Jaipur

Branch IFSC Code: BARBOEXTNEH
Branch Name: IDS Extension Counter Branch, Jhalana Institutional Area, Jaipur

## Bank Details for Foreign Contribution

Account Holder's Name: PRAYAS VOCATIONAL INSTITUTE FOR MENTALLY HANDICAPPED Account No. 00541170000016
Account Holder's Bank: HDFC Bank Ltd.
Branch IFS Code: HDFC0000054
Swift Code: HDFCINBB
Branch Name: D-54, Siddhi Vinayak, Ashok Marg, C Scheme
Location (City/State/Country): Jaipur, Rajasthan, India

You could also send a cheque in favour of PRAYAS VOCATIONAL INSTITUTE FOR MENTALLY HANDICAPPED to J-5A, Jhalana Institutional Area, Jaipur, Rajasthan, India. Alternatively, you can visit us at this address. You would be provided with a receipt for the same for tax exemption outlined in section 80(G) of the Income Tax Act, 1961 in India.
2. Sponsoring A Child: By sponsoring a child, you would be helping by covering the cost of the child's education and other-related needs. You would receive a brief profile and periodic updates of the child.
3. Volunteering: One can volunteer to spend time with children by way of teaching, games and activities, organizing field trips, etc.
4. You can help by purchasing products made in vocational classes by Prayas children.

## Snapshots from Visitor Diary

| DATE | NAME \& ADDRESS OF THE VISITOR | COMIMIENTS / SUGGESTIONS |
| :---: | :---: | :---: |
| $26 / 101$ ? | Karen Duggan- Stevens 53 STEERLE HEIGHIS DRIVE bTGGIN HLLL Kent TNIG zun | Great to sec the wondefng wark twking place here to edructe these special needs children. The prograrme looks very detailed, progoressive and indevidualued. We\&p duge to everge working here |
| $26 / 10 / 17$ | Qaisra Nazear - Dhillon 12 Canning Road, Croyton CRobQ1), Surrey Uniled Kinge | Impreveine is bee the work that is Soing on wit limited resources. The oon incheron is cerlaily a nayforeard. Ble |


| 17/5/18 | Judit csakuar Phd | The experiences 1 got here were very impressive |
| :---: | :---: | :---: |
|  | Eotuos Lorand University | tronght foll. The work you do hereis amazing. The |
|  | Barczi Gusztav Faculty | necessiby of the power you represent is unguestipuatle |
|  | of Special Needs Education | There are also poor envirorment and low in come tamilies with childon with disabilities intiung |
|  |  | but the circumstances of our work are mucheasies <br> in many cases than your ones. Big respect! <br> 1 hope we will meet again in the future here of |
|  |  | even more in Budapest! Thank you for your off fort Anika $^{\text {the }}$ possibility to be here and the kind reception! |

## नन्हे कलम से

## प्रेरणा

काँटों से भरे उन गुलाबों को देखो, मैं तुम्हारे लिए खुशबू बन जाऊँगा।

उस चाँद को तो देखो
उसकी चाँदनी रोशनी बन जाऊँगा।
तुम उस सूरज को तो देखो
उसकी किरण मैं बन जाऊँगा।
तुम लगन से मेहनत तो करो
उसकी खुशी बन जाऊँगा।
नाराज मत होना मेरे यारों
तुम्हारी सफलता का प्रमाण मैं बन जाऊँगा।
बस अपने आत्म-विश्वास को मत खोना अपने उस लय-ताल को बिगड़ने मत देना।
मैं तुम्हारे कंठ के मीठे गीत बन जाऊँगा।
इरफान कक्षा 8

## तितली की सीख

संग हवा के उड़ी चली, रंग बिरंगी इक तितली।

बैठ गई वह किसी कली पर, जो कि लगी उस डाली पर । ज्यों ही रस पीने को चली, बोल पड़ी वह नन्हीं कली ।

पर थे उसके बड़े सजीले, लाल, हरे और नीले-पीले,
नन्हीं प्यारी वह तितली
उड़कर बगियों में पहुँचे।

खिले फूल पर जाओ तुम,
मुझे न अभी सताओ तुम।
मुझको अभी बहुत है सोना,
ढूँढो कोई खिली कली।
मुस्ताख कक्षा 5

मनुष्य तू लाख कर पूजन

तुझे नहीं मिलेगा फिर ये जीवन।।
वक्त कभी किसी के लिए रूकता नहीं
आसमान किसी के लिए झुकता नहीं, इसलिए कुछ तो कर इस जीवन के लिए चिन्तन नहीं मिलेगा तुझे फिर ये जीवन।
कुछ करने के लिए मत कर इंतजार,
कुछ करेगा तो होंगे सपने साकार।
माता-पिता ही जावन का आधार ,
कर सेवा तो ही होगा यह जीवन पार ।
पाएगा ज्ञान, तो प्राप्त होगा भगवान।
सत्य का ज्ञान दे, बुराई का कर हवन ।
नहीं मिलेगा तुझे फिर ये जीवन।।
गुरू से बढ़कर कोई रखवाला नहीं
शिष्य से बढ़कर कोई पौधा नहीं।
कंचन कक्षा 8

## शिक्षक दिवस के पावन पर्व पर

सचमुच सरस्वती का रूप गुरू है।
पृथ्वी पर अवतरित हुए हैं ज्ञान बाँटने के लिए।
अंधकार को प्रकाश में बदलते हैं। सत्य-असत्य
का भेद कराते हैं उचित-अनुचित हमें बतलाते हैं,
यही शिक्षक कहलाते हैं।
गुरूओं की महिमा का वर्णन करना है नामुमकिन इन्हीं के मुख में छिपा है सारा ब्रह्मांड़ असीमित ज्ञान रूपी यक्ष प्रदान करते हैं हमें मुसीबतों से लडने की प्रेरणा देते हैं हमें हमारी काबिलियतों को निखारते हैं, ये नव-जीवन हमें, प्रदान करते हैं।
नमन उनको सदैव करते हैं हमें अपने अनुभवों का
हमारे साथ बाँटते हैं, ये इंसानियत की भावना जगाते हैं,
ये अच्छे विद्यार्थी के साथ-साथ अच्छा इंसान बनाते हैं।।
मुस्कान कक्षा 5

## बेटियाँ

सब के नसीब में कहाँ होती है बेटियाँ
रब को जो घर पसंद आये वहाँ होती है बेटियाँ ।
फूल की पंखुड़ी सी होती है बेटियाँ
बाबुल के होठों की बाँसुरी होती है बेटियाँ
पराई कहलाकर भी अपनी रहती है बेटियाँ।
हीरा है बेटे अगर तो मोती है बेटियाँ।

रहे भले महलों में सुख के झूलों में झूले
बाबुल के दुख में मुरझा जाती है बेटियाँ।।

## यदि मैं किताब होता

यदि मैं किताब होता तो मुझे सब पढ़ते ।
यदि मैं गिलास होता तो सब बच्चे इसमें दूध पीते ।
यदि मैं चाय होता तो सब मुझे कप में डाल कर पीते ।
यदि मैं पतंग होता तो सब मुझे उडाते ।
यदि मैं टेबल होता तो उस पर पढ़ता ।
यदि मैं कुर्सी होता तो उस पर पढ़ता ।
यदि मैं जग होता तो उसमें पानी पीता ।
यदि मैं चिड़िया होता तो ची-ची करता ।
यदि मैं फूल होता तो सुगंध से भरा रहता ।
यदि मैं पेड़ होता तो लोगों को फल देता ।
बिलाल कक्षा 3

## मैं अगर पतंग होता

मैं अगर पतंग होता तो बच्चे मुझे उडाते ।
मैं अगर बादल होता तो देशों और गाँवों में बारिश करता ।
मैं अगर शेर होता तो जंगल का राजा कहलाता ।
मैं अगर किताब होता तो सब बच्चे मुझे पढ़ते ।
मैं अगर मछली होता तो पानी में रहता ।
मैं अगर वाहन होता तो लोगों की मदद करता ।
मैं अगर सड़क होता तो वाहन मेरे ऊपर चलते ।
मैं अगर बाघ होता तो बहुत तेज भागता ।
मैं अगर हाथी होता तो सब बच्चे मेरी सवारी करते ।
मैं अगर घोडा होता तो लम्बी- लम्बी छलांग लगाता ।
जुनैद कक्षा 3

## प्यारी मम्मी

मेरी मम्मी प्यारी मम्मी
सबसे अच्छी मेरी मम्मी।
रोज सुनाती लोरी मुझको,
रोज खिलाती दूध मलाई।
पाठ मुझे पढ़ाती मम्मी ।
खेल मुझे खिलाती मम्मी।
मेरी मम्मी प्यारी मम्मी, सबसे अच्छी मेरी मम्मी।

## डॉ. भीमराव अम्बेडकर

डॉ. भीमराव अम्बेडकर बचपन से ही प्रतिभावान छात्र थे। उनका परिवार मूलतः नाम वंश से संबंधित था। परंतु कालांतर से महार जाति के नाम से जाना जाने लगा। उनका पूरा जीवन संघर्ष की कहानी है। एक अछूत के रूप से पहचाने जाने वाले परिवार में जन्म लेने के कारण भीमराव को बचपन से ही अनेक लांछन और अपमान सहना पडा। इसलिए उनमें बचपन से ही अन्याय और सामाजिक कुरीतियों के विरूद्ध लड़ने की हिम्मत उत्पन्न हो गई थी ।

## Members of Executive Committee



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